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Building equality, confidence and opportunity for people with learning difficulties.

Opportunities to Volunteer with BUILD in 2010

BUILD currently has volunteering opportunities to fill the following important roles in the further development of a well established Norfolk based charity.

BeFriending Volunteers – contact Sally or Robin on 01603 618029

BeFriends is a key service matching volunteers with adults who have learning difficulties on a one to one basis to meet on a social basis for everyday social activities such as, shopping, bowling, visiting the theatre or cinema, meeting for coffee, birdwatching or sports.

Volunteers would normally meet with a selected member once every 4-6 weeks for a mutually agreed leisure activity.

We are currently looking for volunteers in the Norwich, North Norfolk, Great Yarmouth and South Norfolk areas.

We provide a refund of volunteers travel expenses, free training, and a real opportunity to make a difference to someone's life.

If you enjoy going out, or just the company of a friend once in a while, then you will probably have the skills and qualities that we are looking for.

Please get in touch.

BUILD Project Managers, and Fundraisers – Contact James on 01603 618029

BUILD has a range of short term volunteering opportunities for people with project management skills, or who want to get involved in a specific role with a clear outcome.

BUILD's services costs around £175,000 a year so we are always looking for volunteer fundraisers and people to join our promotions team. These key roles will help spread the BUILD name across Norfolk attracting new volunteers, sponsors and design and manage fundraising activities. You could help by opening doors for us to new people who can help us.

Plus we are looking for people to develop their own fundraising activities to help us out.

We have over a hundred volunteers at BUILD – why not join them?

Registered Charity 264584

Incorporating : The Wednesday Club, MTV, STEPS, BeFriends and BUILD Youth

All volunteering opportunities at BUILD come with dedicated support and training.

This includes individual, or small group, induction training, making sure that your skills, time commitments and reasons for volunteering are appropriately matched to a suitable role within BUILD.

To ensure that we match appropriate volunteers, BUILD ask all volunteers to undergo a check against the Criminal Records Bureau, and supply at least two character referees.

Ongoing support includes disability values, equality and awareness training, emergency first aid, vulnerable adult protection

awareness training as well as volunteers being actively encouraged to participate in the development of BUILD's services.

Volunteers may claim travelling expenses whilst on agreed BUILD activities, and for BeFriends partnerships, an allowance is available to the volunteer for out of pocket expenses such as entry fees, refreshments etc, for themselves, whilst the BUILD member pays for themselves.

Volunteers are important to BUILD, and many of our members with learning difficulties, have themselves moved into volunteering roles within different services.

What our volunteers have said about why they work with BUILD

“Volunteering with Wednesday Club is the highlight of my week”

“I like making a difference”

“I hope I'm putting something back into the community”

“I am hoping that my volunteering will give me experience in developing my career”

“It shows people we care”

“It helps me meet new people and socialise more”

Over to YOU

There is no doubt that you have skills that will benefit the people at BUILD. Your input, your experience, and your personality can add great value to the lives of our members helping them get the most out of life.

Please contact us to take that first step to volunteering with BUILD.

Phone 01603 618029

E Mail volunteer@buildnorwich.org.uk

Website www.buildnorwich.org.uk

