



Church House
Redwell Street
Norwich
NR2 4SN

Tel: (01603) 618029
Email: info@buildnorwich.org.uk
Website: www.buildnorwich.org.uk

Building equality, confidence and opportunity for people with learning difficulties.

Opportunities to Volunteer with BUILD 2009

BUILD currently has volunteering opportunities to fill the following important roles in the further development of a well established Norwich based charity.

BeFriending Volunteers –

contact Sally or Emma on 01603 618029

BeFriends is a key service matching volunteers with adults who have learning difficulties on a one to one basis to meet on a social basis for everyday social activities such as, bowling, visiting the theatre or cinema, meeting for coffee, birdwatching or sports. Demand is such that we have members looking for support across the Norwich, eastern and northern areas of Norfolk. Volunteers would normally meet with a selected member once every 4-6 weeks for a mutually agreed leisure activity.

BUILD Youth Group (Norwich & Dereham) – Contact James on 01603 618029

Two BUILD Youth Groups are supported in Norwich (Tuesdays) and Dereham (Thursdays) which provides leisure activities for young people with learning difficulties aged between 13 and 18. In a programme designed by the members, volunteers play a support role in helping, members of all ages and abilities fully engage in activities, from planning, taking part and evaluation. The group is looking to recruit male and female volunteers at present.

BUILD Wednesday Club Services –

contact Roy on 01603 618029

Wednesday Club Services includes a weekly social club for adults, a social networking group for young adults aged 18-29 and a support to people on days out, short breaks and holidays.

All services are currently looking for new volunteers to help and encourage adults with learning difficulties get the most out of these activities.

Whatever your skill, your time commitment, or your interest there will be a role in these services to match your personality.

BUILD Promoters and Fundraisers – Contact James on 01603 618029

It costs around £175,000 a year to run all of BUILD's services, so we are always looking for volunteer fundraisers and people to join our volunteer promotions team. These key roles will help spread the BUILD name across Norfolk attracting new volunteers, sponsors and design and manage fundraising activities. You could help by opening doors for us to new people who can help us.

Registered Charity 264584

Incorporating : The Wednesday Club, MTV, STEPS, BeFriends and BUILD Youth

All volunteering opportunities at BUILD come with dedicated support and training.

This includes individual, or small group, induction training, making sure that your skills, time commitments and reasons for volunteering are appropriately matched to a suitable role within BUILD. To ensure that we match appropriate volunteers, BUILD ask all volunteers to undergo a check against the Criminal Records Bureau, and supply at least two character referees.

Ongoing support includes disability equality and awareness training, emergency first aid, vulnerable adult protection awareness training as well as volunteers being actively encouraged to participate in the development of BUILD's services.

Volunteers may claim travelling expenses whilst on agreed BUILD activities, and for BeFriends partnerships, an allowance is available to the volunteer for out of pocket expenses such as entry fees, refreshments etc, for themselves, whilst the BUILD member pays for themselves.

Volunteers are important to BUILD, and many of our members with learning difficulties, have themselves moved into volunteering roles within different services.

Volunteers are valued at BUILD, and are invited to share in the planning of events and services, and to attend Volunteer Reward Events throughout the year. In the past these have included Boat Trips, Sailing Days, Archery and activity days, and this year includes a Day at Newmarket Races and a Quiz and Chip Supper.

What our volunteers have said about why they work with BUILD

“Volunteering with Wednesday Club is the highlight of my week”

“I like making a difference”

“I hope I'm putting something back into the community”

“I am hoping that my volunteering will give me experience in developing my career”

“It shows people we care”

“It helps me meet new people and socialise more”

Over to YOU

There is no doubt that you have skills that will benefit the people at BUILD. Your input, your experience, and your personality can add great value to the lives of our members helping them get the most out of life.

Please contact us to take that first step to volunteering with BUILD.

Phone 01603 618029

E Mail Info@buildnorwich.org.uk

Website www.buildnorwich.org.uk

